

BODY LANGUAGE AND GESTURE TECHNIQUES IN THE ENGLISH CLASSROOM

Course dates

12 July - 18 July

Course fees

£720

Course location

University of Kent

This course is liable for VAT

Target audience

English language teachers from Primary to Secondary, Adult groups, Business Trainers of all ages and levels.

This course is aimed at teachers and presenters interested in attaining and maintaining assertive body language behaviours.

Participants are asked to bring a short speech or presentation with them if they would like to use this in the course and present it to their peers on the course for positive and critical analysis and feedback.

You will need at least an upper intermediate level of English (B2)

Course summary

This is an intensive study of body language and gesture and what makes a speaker and presenter more appealing and assertive to the audience.

The participants will examine the way the outside world observes them and that each gesture and movement can have an immediate effect on our audiences and the people with whom we communicate.



Course content

Developing a safe and non judgmental environment in which to experiment, examine and explore body gestures and behaviour

Participate in simple improvisational activities aimed at freeing the imagination, vocal and physical communication

Explore posture and well being and how positive and assertive characters operate whilst examining different bodily types and their behaviour in their environment

Examine different body language of presenters and their audience

Finding way in which we can present ourselves in a more positive and self assertive light

Participating in activities exploring and exposing our body language, and positive assertiveness

Giving a simple presentation putting into practice all the principals we have explored during our week's examination of body language and gesture

Sample Programme

Please note this is an example of a daily programme. Course content may often be usefully adapted to incorporate the needs of each group member.

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
9.00-10.30	Group co-ordination, dynamics and bonding	Centering ourselves and the bodily behaviour of assertive types	What makes an assertive presenter?	Voice and how to read and present vocally. Identifying informative text, mild text and persuasive text. Use of authentic materials.	Entering a room to establish assertiveness and leaving
11.00-12.30	Needs analysis and goals	A study of personality types and physicality of aggressive people	How to read an audience or group of students.	Methodology using word stress, intonation and pausing for effective presentation	Presentations and peer feedback
14.00-15.30	Trust work	Further study of passive and insecure types. Role playing types	Are our students listening to us? What can we do if they are not focused?	Transforming lifting text from the page into effective speaking	Presentations continued. Feedback on the course.

Recommended reading

"Body talk at Work" by Judi James

"Impro" by Keith Johnstone

Please note it's not necessary to buy or bring those books to the course.

Type of certification awarded

Attendance certificate detailing topics covered, course content and the number of training hours.



Is this the right course for me?

Yes, if you want to understand body language and status.

Yes, if you want to be more persuasive, interesting and motivating in your work.

Yes, if you want to learn how you can use it with your students to encourage self confidence and assist them to be effective communicators.

Contact

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