

### THE HUMANISTIC TEACHER

#### Course dates

26 June – 2 July

#### Course fees

€780

#### Course location

University of Limerick

#### Target audience

This course is suitable for both experienced and inexperienced teachers and teacher trainers.

Participants will need at least an upper-intermediate level of English (B2/B2+).

#### Course summary

This course will explore the very nature of humanistic teaching and what is behind it. We will firstly go over the main principles of humanistic thinking as outlined in psychology by Rogers, and Maslow. We will then focus on the work of Moscovitz, Stevick and Ronvoluceri to look at the strategies that can be utilized to apply the theory to the practice. The main goal is to address the needs (cognitive as well as affective) of the human being in front of us, foster motivation and encourage continuous development of students and teachers alike. In this slightly dehumanised world of growing bureaucracy and technological advancement, we will focus on creating a teacher- and student-friendly environment by making relations and emotions an integral part of the learning and teaching process.



#### Course content

A brief look at Humanism and its principles in language teaching

What makes a teacher humanistic

Humanising your teaching environment, syllabus and school

How to make your teaching materials more personal

Group dynamics in a humanistic classroom

How to create a powerful and motivating learning environment

Personalising and humanising online learning

A holistic approach: teachers' self-care and how to help your students grow

**Preparation:** Each applicant to send in an action plan four weeks before the course, outlining their hopes and objectives.

### Sample Programme

Please note this is an example of a daily programme. Course content may often be usefully adapted to incorporate the needs of each group member.

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
9.00-10.30	Group formation, bonding and goal setting	How to create a humanistic environment: teaching learning skills	Humanising online learning and resources	Teaching materials: a personalised look	Dealing with diverse profiles.
11.00-12.30	What is humanistic teaching: a look at its principles	Group dynamics in a humanistic classroom	Assessment, evaluation and feedback	Humanising your course book	Teacher as a human: how to look after yourself
14.00-15.30	The main features of a humanistic teacher	Developing trust and respect through language activities	Humanistic classroom management	Increasing motivation effectively	Course review, including feedback and farewells

#### Recommended reading

"Freedom to Learn (Studies of the Person)", Carl R. Rogers, H. Jerome Freiberg

"Humanism in Language Teaching, A Critical Perspective". E. Stevick

"Humanistic Teacher: First the Child, Then Curriculum" Jerome S. Allender, Donna Sclarow-Allender

"Caring and Sharing in the Foreign Language Classroom", G.Moskowitz

Humanizing your coursebook, M. Rinvolucris (Delta).

Ways of being, Davis P. et al (CUP)

**Please note it's not necessary to buy or bring those books to the course.**

#### Type of certification awarded

Attendance certificate detailing topics covered, course content and the number of training hours.



#### Is this the right course for me?

**Objectives:** the course aims to provide participants with the expertise to make their teaching more humanistic, enhancing the learning outcomes and making learning more relevant to their Students.

**Expected results:** As a result of attending this course participants will acquire both a solid background in humanistic language teaching as well as a set of practical tools to be implemented in their teaching.

#### Contact

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