

NLP AND COACHING SKILLS FOR TEACHERS

Course dates

3 July - 16 July

Course fees

€1545

Course location

University of Limerick

Target audience

Teachers of English, especially from secondary level and above

Teachers trainers

Academic managers

School owners and principals

You will need an advanced level of English (C1 and above).

Course summary

This course is very useful for teachers who want to find new, more effective ways to encourage students to work towards resolving their own challenges, set goals, and helps develop a sense of responsibility for their learning.

The course also provides a large amount of English practice throughout.



Course content

What is coaching? Working definitions

Making desired changes

Understanding emotional attitudes in oneself and in others

How understanding emotional attitudes in oneself and in others affects accomplishing a task

Seeing a situation from the point of view of others

Realising how our actions and words effect others

Understanding your values and the values of others

Using coaching in a group via cooperative learning strategies

Using outcome thinking strategies

Understanding different levels of coaching



Sample Programme

Please note this is an example of a daily programme. Course content may often be usefully adapted to incorporate the needs of each group member.

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
9.00-10.30	Getting to know the expectations of the group	What is NLP?	Qualities needed for coaching	Values and beliefs as learning blocks	Understanding differences – the perceptual positions
11.00-12.30	Outcome thinking/ setting goals for the course and as a tool for your students	The 4 pillars of NLP Rapport	The GROW model of coaching and how it combines with an NLP approach	Changing beliefs in a one to one session	The inner game of coaching and inner rapport
14.00-15.30	Defining coaching and its uses in education	Rapport	Feedback and stretching	Sensory acuity-noticing small changes	Week review and feedback
Week 2					
9.00-10.30	Co-operative learning used as a classroom coaching tool	Repeated patterns: Levels of learning and change using Dilts logical levels	Mentors and mentoring Re-framing Tool Box	Meta-language practice	Group project and presentation
11.00-12.30	Dealing with different personality types	Levels of Learning Practical Exercise	Beliefs assessment	Coaching practice session	Course summary
14.00-15.30	Empathetic listening	Guest Speaker: Other Models of coaching	Meta-language: The Language of Coaching	Feedback on coaching practice session	A letter to the future' final feedback and farewells

Recommended reading

“From Coach to Awakener” R. Dilts (Meta Publications) 2003

Please note it's not necessary to buy or bring those books to the course.

Type of certification awarded

Attendance certificate detailing topics covered, course content and the number of training hours.



Is this the right course for me?

Yes, if you're looking for new tools to make changes happen.

Yes, if you're looking to become a more effective communicator and classroom leader.

Yes, if you want to a course that gives personal development and skill acquisition.

Contact

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