

From challenges to change: teaching teenagers today

COURSE DATES
19th-24th July 2026

FEES
Course 970€
Accommodation including
full board 460€

COURSE LOCATION
Segovia, Spain

Our Audience

Teachers of all subjects of lower and upper secondary school. Students' age range 11 to 18

You will need an intermediate level of English (B1 or above) to participate in this course.

Course summary

Teaching teenagers and young adults can be challenging yet rewarding. This course is designed to give teachers a practical set of tools to engage students, manage interactions in the classroom, and create meaningful and positive learning experiences.

Based on a learning-centred and humanistic approach, the course focuses on relationships, fostering student voice, and creating a positive and nurturing environment where everyone feels valued. Participants will explore community-building techniques, how to regulate attention, approaches to mediation and conflict resolution, amongst many other topics, and bring creativity, curiosity and critical thinking into every lesson.

Through hands-on workshops, collaborative tasks, reflection, participants will experiment with multimodal literacies, discover ways to integrate technology responsibly, design lessons that flow and cater to the needs of diverse students. A strong emphasis is given to teacher wellbeing and developing inclusive practices with care and empathy.

By the end of the course participants will leave with a personalised toolkit of resources, strategies, and approaches which can be applied immediately across all subjects and educational contexts.

Course content

- Community building in the classroom
- Taking care of the teacher
- Classroom dynamics and interactions
- The shape of a lesson: beginnings, middles and endings
- 3 Cs: Creativity, Curiosity and Critical Thinking across the curriculum
- Regulating attention
- Mediation strategies
- Multimodal literacies
- Intelligent and responsible use of technology
- Diversity in the classroom: a humanistic approach to differentiated instruction



Sample programme

Please note this is only a sample programme and the actual programme will be negotiated between your trainer and the group on the first day of the course.

Day 1 Creating the learning environment	Day 2 Teacher's role and wellbeing	Day 3 Thinking and engaging	Day 4 Multimodality and technology	Day 5 Inclusion and action planning
Getting to know you, icebreakers and connection activities	Caring for the teacher: energy, focus and balance	Regulating students' attention	Using multimodal literacies	Differentiation with a humanistic focus
Community building by developing rapport, trust and belonging.	Motivating through creativity and curiosity.	Mediation strategies and conflict resolution	Intelligent and responsible use of technology (e.g. AI, social media)	Approaches to diversity and inclusive practices
Understanding and shaping classroom dynamics and interactions	The shape of a lesson: beginnings, middles and endings	Encouraging critical and creative thinking.	Designing creative and interactive tasks	Creating and showcasing teacher toolkits

Is this course right for me?

Yes, if you want to explore practical ways of engaging and empowering both teachers and teenagers. This course is ideal if you are interested in understanding how to build stronger classroom and school communities, while developing strategies for humanistic and inclusive learning that really work.

Type of certificate awarded

Attendance certificate detailing topics covered, course content and number of training hours.

Special Offers

50 Euro off for each person if you book two – five together

80 Euro off for each person if you book six or more together

Contact:

Info@pilgrimsteachertraining.eu

0033 156080861