



Teacher Training 2014 NLP FOR TEACHERS

Course Dates: 6 July – 19 July 2014	Course Location: The University of Kent at Canterbury	Course Fees: £1,100	Course Codes: TNP28 2 week
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Target audience

- Teachers of all age groups
- Educational managers, writers and educational publishers
- Teacher trainers
- Participants should have an upper intermediate to advanced level of English (B2/C1)

Course summary

Neuro-Linguistic Programming (NLP) is an established set of principles for teaching, learning and personal development. This course will explore the core principles of NLP and how these can be applied to both your professional and personal life. NLP is "the study of excellence" and provides you with a variety of strategies for maximising both your teaching and learning potential. NLP also requires commitment and practice. Therefore, it is recommended you set aside extra time during your stay to work on your skills with other members of your group.

Programme of the training activities

- NLP – what does it involve
- VAKOG - the sensory channels of NLP
- Communicating effectively
- Building trust and confidence
- Improving learner effectiveness
- Building better relationships - especially with 'difficult people'
- Using language which improves learning potential
- Improving your coaching skills
- Recognising and working effectively with all learning styles
- Effective ways of overcoming learning blocks
- Overcoming limiting beliefs and exploring the relationship between beliefs and capabilities

Description of training content:

Preparation

Each applicant is to send an action plan 4 weeks before the course outlining hopes and objectives for achievement as a result of attending this course.

Objectives

The course aims to offer the participants an introduction to the principles of Neuro-Linguistic Programming. Classroom implications will also be discussed.

Expected results

As a result of attending this course, the participants will acquire a set of new skills that will enable them to communicate more effectively in and out of the classroom.

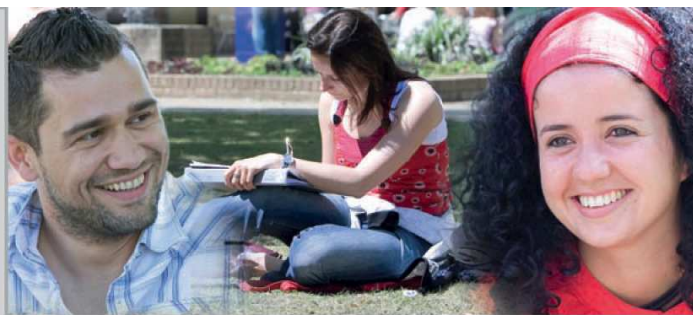
Is this the right course for me?

- Yes, if you want to experience a dynamic, wide-ranging model for teaching and learning
- Yes, if you want to work on your personal as well as your professional development

Pilgrims, 4-6 Orange Street, Canterbury, Kent CT1 2JA

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If this is not the right course for you, please consider the following:

- **Dealing with Difficult Learners** if you want to learn a variety of strategies and approaches which will help you teach “problem” students more effectively
- **Teaching Through Multiple Intelligences** which examines further the issue of individual differences and effective learning
- **Coaching Skills for Teachers** if you want to specialise more in the area of coaching

Programme of the training activities day by day:

Please note this is an **example** of a daily programme. Course content may often be usefully adapted to incorporate the needs of each specific group.

Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
AM 9.00– 10.30	Introductions and group bonding. Ice breakers and group formation	The presuppositions of NLP examined. Exposing myths about NLP	How NLP can help you communicate more effectively. Learning styles	Effective use of language. Giving effective instructions. Anchoring techniques	Meta-Programmes 1 How we learn and react in class
11.00– 12.30	Needs analysis and goal setting	Representational systems and sub modalities. VAK	Rapport building strategies/ healthy group dynamics	Limiting beliefs and negative internal dialogue examined	Meta-Programmes 2
PM 14.00- 15.30	An historical overview of NLP. Its origins and sources	Practical activities based on the representational systems	Managing “difficult learners” effectively	Overcoming limiting beliefs and changing internal dialogue. From <i>I can't</i> to <i>I can</i>	Review of week one and goal setting for week two

Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
AM 9.00– 10.30	Bateson's Logical Levels of Thinking and Living. An overview	Practice activities with Logical Levels Model	Asking quality questions in class. Towards high yield classroom dialogue	From different points of view. 1 st , 2 nd , 3 rd perceptual positions and beyond	Presentation of projects (1)
11.00– 12.30	How the Logical Levels impact upon your teaching Problem Solving Tool	Metaphor as a powerful learning tool.	Lesson planning and NLP. Breaking up learning into manageable chunks	TOTE Test-Operate-Test-Exit. Modelling excellence in others	Presentation of projects (2)
PM 14.00- 15.30	Strategies for achieving positive teaching and learning outcomes. Pacing and leading	The creative power of guided visualization. How to achieve a healthy resource state	Disney Creative Techniques	NLP project work	Course review, evaluation and farewells

Recommended reading:

- “Dynamic Learning” R. Dilts (Meta Press) 1995
 “Unlocking Self-Expression through NLP” M. Rinvulcri & J. Baker (Delta Publications) 2005
 “In Your Hands” J Revell & S. Norman (Saffire Press) 2002

Please note it is not necessary to buy or bring these books to the course.

Type of certification awarded:

Attendance certificate detailing topics covered, course content and the number of training hours.

Contact details:

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